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OFFICE OF INTERNATIONAL  
CORPORATE FINANCE

J Sainsbury plc  
33 Holborn  
London  
EC1N 2HT

Telephone 020 7695 6000  
www.j-sainsbury.co.uk

Securities and Exchange Commission  
Office Of the International Corporate Finance  
Room 3094 STOP 3-6  
450 Fifth Street N.W.  
Washington DC 20549  
USA

Ext: 020 7695 6378  
Fax: 020 7695 6378  
Date: 04 June 2007



07024471

Dear Sir

J Sainsbury Announces: Voting rights and capital.

**SUPPL**

Please find enclosed copies of the above announcements made to the London Stock Exchange on 4<sup>th</sup> June 2007.

Yours sincerely

**Hazel Jarvis**  
Deputy Secretary

Enc

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**JUN 20 2007**

**THOMSON  
FINANCIAL**

Registered office as above  
Registered number 185647 England

J Sainsbury plc  
04 June 2007

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2007 JUN 19 A 3:03

**J Sainsbury plc - Voting rights and capital**

OFFICE OF INTERNATIONAL  
CORPORATE FINANCE

In accordance with the Transparency Directive's transitional provision 6 (the Directive) we would like to notify the market of the following:

J Sainsbury plc's capital as at 31 May 2007, consists of 1,740,155,743 ordinary shares of 284/7 pence with voting rights. J Sainsbury plc does not hold any shares in Treasury.

Therefore, the total number of voting rights in J Sainsbury plc is 1,740,155,743.

The above figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, J Sainsbury plc under the FSA's Disclosure and Transparency Rules.

For further information contact  
Investor Relations  
Elliot Jordan +44 (0) 20 7695 4931

END

J Sainsbury plc  
04 June 2007

**J Sainsbury plc - Voting rights and capital**

In accordance with the Transparency Directive's transitional provision 6 (the Directive) we would like to notify the market of the following:

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J Sainsbury plc  
04 June 2007

**J Sainsbury plc - Voting rights and capital**

In accordance with the Transparency Directive's transitional provision 6 (the Directive) we would like to notify the market of the following:

J Sainsbury plc's capital as at 31 May 2007, consists of 1,740,155,743 ordinary shares of 28<sup>4</sup>/<sub>7</sub> pence with voting rights. J Sainsbury plc does not hold any shares in Treasury.

Therefore, the total number of voting rights in J Sainsbury plc is 1,740,155,743.

The above figure may be used by shareholders as the denominator for the calculations by which they will determine if they are required to notify their interest in, or a change to their interest in, J Sainsbury plc under the FSA's Disclosure and Transparency Rules.

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END

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EC1N 2HT

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www.j-sainsbury.co.uk

Securities and Exchange Commission  
Office Of the International Corporate Finance  
Room 3094 STOP 3-6  
450 Fifth Street N.W.  
Washington DC 20549  
USA

Ext: 020 7695 6378  
Fax: 020 7695 6378  
Date: 01 June 2007

Dear Sir

J Sainsbury Announces: Director/PDMR Shareholding.

Please find enclosed copies of the above announcements made to the London Stock Exchange on 1<sup>st</sup> June 2007.

Yours sincerely



**Hazel Jarvis**  
Deputy Secretary

Enc

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
PERSONS**

1. Name of the *issuer*

*J Sainsbury plc*

2. State whether the notification relates to (i) a transaction notified in accordance with  
*DR 3.1.4R(1)(a)*; or

(ii) *DR 3.1.4(R)(1)(b)* a disclosure made in accordance with section 324 (as extended  
by section 328) of the Companies Act 1985; or

(iii) both (i) and (ii)

*(i) and (ii)*

3. Name of *person discharging managerial responsibilities/director*

*Justin Matthew King*

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CORPORATE  
REGULATOR

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
in 3 or 4 above or in respect of a non-beneficial interest

*Justin Matthew King - J Sainsbury plc share purchase plan trust*

6. Description of *shares* (including *class*), debentures or derivatives or financial  
instruments relating to *shares*

*Ordinary Shares 28<sup>4/7</sup> p each*

7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
held by each of them

*HDSL Nominees Limited - SIP*

8 State the nature of the transaction



9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

21

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

*n/a*

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

13. Price per *share* or value of transaction

5.55p

14. Date and place of transaction

31 May 2007

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

274,109

16. Date issuer informed of transaction

31 May 2007

**If a *person discharging managerial responsibilities* has been granted options by the *issuer* complete the following boxes**

17 Date of grant

.....

18. Period during which or date on which it can be exercised

.....

19. Total amount paid (if any) for grant of the option

.....

20. Description of *shares* or debentures involved (*class* and number)

.....

.....

21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

.....

22. Total number of *shares* or debentures over which options held following notification

.....

23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan.*

*Regular four weekly share purchase*

*First purchase 28 July 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
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(ii) *DR 3.1.4(R)(1)(b)* a disclosure made in accordance with section 324 (as extended  
by section 328) of the Companies Act 1985; or

(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Gwyn Burr*

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
in 3 or 4 above or in respect of a non-beneficial interest

*Gwyn Burr - J Sainsbury plc share purchase plan trust*

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*HDSL Nominees Limited - SIP*

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*Purchase*

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

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10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

*n/a*

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating percentage)

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13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*62,691*

16. Date issuer informed of transaction

*31 May 2007*

**If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes**

17 Date of grant

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18. Period during which or date on which it can be exercised

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20. Description of *shares* or debentures involved (*class* and number)

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21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

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22. Total number of *shares* or debentures over which options held following notification

.....

23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan*

*Regular four weekly share purchase*

*First purchase 15 December 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

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DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
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(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Kennedy McMeikan*

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

*Kennedy McMeikan - J Sainsbury plc share purchase plan trust*

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7. Name of registered shareholders(s) and, if more than one, the number of *shares* held by each of them

*HDSL Nominees Limited - SIP*

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10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

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11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

*n/a*

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*n/a*

13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*53,164*

16. Date issuer informed of transaction

*31 May 2007*

**If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes**

17 Date of grant

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18. Period during which or date on which it can be exercised

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19. Total amount paid (if any) for grant of the option

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20. Description of *shares* or debentures involved (*class* and number)

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21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

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*Regular four weekly share purchase*

*First purchase 1 June 2006*

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*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

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COMPANIES ACT

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

21

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

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7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
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8 State the nature of the transaction

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COMPANY SECRETARY  
J SAINSBURY PLC



9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

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3. Name of *person discharging managerial responsibilities/director*

*Gwyn Burr*

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
in 3 or 4 above or in respect of a non-beneficial interest

*Gwyn Burr - J Sainsbury plc share purchase plan trust*

6. Description of *shares* (including *class*), debentures or derivatives or financial  
instruments relating to *shares*

*Ordinary Shares 28<sup>4/7</sup> p each*

7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
held by each of them

*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

*Purchase*

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

*21*

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

*n/a*

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*62,691*

16. Date issuer informed of transaction

*31 May 2007*

**If a *person discharging managerial responsibilities* has been granted options by the *issuer* complete the following boxes**

17 Date of grant

.....

18. Period during which or date on which it can be exercised

.....

19. Total amount paid (if any) for grant of the option

.....

20. Description of *shares* or debentures involved (*class* and number)

.....

.....

21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

.....

22. Total number of *shares* or debentures over which options held following notification

.....

23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan*

*Regular four weekly share purchase*

*First purchase 15 December 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
PERSONS**

1. Name of the *issuer*

*J Sainsbury plc*

2. State whether the notification relates to (i) a transaction notified in accordance with DR 3.1.4R(1)(a); or

(ii) DR 3.1.4(R)(1)(b) a disclosure made in accordance with section 324 (as extended by section 328) of the Companies Act 1985; or

(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Kennedy McMeikan*

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

*Kennedy McMeikan - J Sainsbury plc share purchase plan trust*

6. Description of *shares* (including *class*), debentures or derivatives or financial instruments relating to *shares*

*Ordinary Shares 28<sup>47</sup> p each*

7. Name of registered shareholders(s) and, if more than one, the number of *shares* held by each of them

*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

*Purchase*

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

*21*

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*



11. Number of *shares*, debentures or financial instruments relating to *shares* disposed

*n/a*

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*53,164*

16. Date issuer informed of transaction

*31 May 2007*

**If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes**

17 Date of grant

.....

18. Period during which or date on which it can be exercised

.....

19. Total amount paid (if any) for grant of the option

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20. Description of *shares* or debentures involved (*class* and number)

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21. Exercise price (if fixed at time of grant) or indication that price is to be fixed at the time of exercise

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22. Total number of *shares* or debentures over which options held following notification

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23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan*

*Regular four weekly share purchase*

*First purchase 1 June 2006*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
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(iii) both (i) and (ii)

*(i) and (ii)*

3. Name of *person discharging managerial responsibilities/director*

*Justin Matthew King*

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

*Justin Matthew King - J Sainsbury plc share purchase plan trust*

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*HDSL Nominees Limited - SIP*

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13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*274,109*

16. Date issuer informed of transaction

*31 May 2007*

**If a *person discharging managerial responsibilities* has been granted options by the *issuer* complete the following boxes**

17 Date of grant

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18. Period during which or date on which it can be exercised

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22. Total number of *shares* or debentures over which options held following notification

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23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan.*

*Regular four weekly share purchase*

*First purchase 28 July 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
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by section 328) of the Companies Act 1985; or

(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Gwyn Burr*

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
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*Gwyn Burr - J Sainsbury plc share purchase plan trust*

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7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
held by each of them

*HDSL Nominees Limited - SIP*



8 State the nature of the transaction

*Purchase*

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

*21*

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

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*n/a*

12. Percentage of issued *class* disposed (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*62,691*

16. Date issuer informed of transaction

*31 May 2007*

**If a *person discharging managerial responsibilities* has been granted options by the *issuer* complete the following boxes**

17 Date of grant

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23. Any additional information

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*Regular four weekly share purchase*

*First purchase 15 December 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

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DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
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1. Name of the *issuer*

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(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Kennedy McMeikan*

4. State whether notification relates to a *person* connected with a *person discharging managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to in 3 or 4 above or in respect of a non-beneficial interest

*Kennedy McMeikan - J Sainsbury plc share purchase plan trust*

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*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

*Purchase*

9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

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*n/a*

13. Price per *share* or value of transaction

*5.55p*

14. Date and place of transaction

*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*53,164*

16. Date issuer informed of transaction

*31 May 2007*

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18. Period during which or date on which it can be exercised

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*Regular four weekly share purchase*

*First purchase 1 June 2006*

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(iii) both (i) and (ii)

*(i) and (ii)*

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*Justin Matthew King*

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
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*Justin Matthew King - J Sainsbury plc share purchase plan trust*

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7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
held by each of them

*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

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COMPANIES ACT



9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

*21*

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

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14. Date and place of transaction

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*274,109*

16. Date issuer informed of transaction

*31 May 2007*

**If a person discharging managerial responsibilities has been granted options by the issuer complete the following boxes**

17 Date of grant

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18. Period during which or date on which it can be exercised

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19. Total amount paid (if any) for grant of the option

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22. Total number of *shares* or debentures over which options held following notification

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23. Any additional information

*Shares purchased under the Sainsbury's Colleague Share Purchase Plan.*

*Regular four weekly share purchase*

*First purchase 28 July 2005*

24. Name of contact and telephone number for queries

*Justina Marfo 0207 695 2474*

**Name and signature of duly authorised officer of *issuer* responsible for making notification**

*Hazel Jarvis*

**Date of notification**

*01 June 2007*

**NOTIFICATION OF TRANSACTIONS OF DIRECTORS, PERSONS  
DISCHARGING MANAGERIAL RESPONSIBILITY OR CONNECTED  
PERSONS**

1. Name of the *issuer*

*J Sainsbury plc*

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(ii) *DR 3.1.4(R)(1)(b)* a disclosure made in accordance with section 324 (as extended  
by section 328) of the Companies Act 1985; or

(iii) both (i) and (ii)

(i)

3. Name of *person discharging managerial responsibilities/director*

*Gwyn Burr*

4. State whether notification relates to a *person* connected with a *person discharging  
managerial responsibilities/director* named in 3 and identify the *connected person*

*N/A*

5. Indicate whether the notification is in respect of a holding of the *person* referred to  
in 3 or 4 above or in respect of a non-beneficial interest

*Gwyn Burr - J Sainsbury plc share purchase plan trust*

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7. Name of registered shareholders(s) and, if more than one, the number of *shares*  
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*HDSL Nominees Limited - SIP*

8 State the nature of the transaction

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9. Number of *shares*, debentures or financial instruments relating to *shares* acquired

*21*

10. Percentage of issued *class* acquired (*treasury shares* of that *class* should not be taken into account when calculating percentage)

*n/a*

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*31 May 2007*

15. Total holding following notification and total percentage holding following notification (any *treasury shares* should not be taken into account when calculating percentage)

*62,691*

16. Date issuer informed of transaction

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**If a *person discharging managerial responsibilities* has been granted options by the *issuer* complete the following boxes**

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(i)

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**Date of notification**

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*END*